ELEMENTARY Workshops

Designed for K-5 students



Health and Wellness

- Personal Hygiene (K-3 only)
 Dental Hygiene (K-3 only)
- PubertySleep

- Exercise
- Nutrition and Healthy Eating

Social-Emotional Learning

- Bullying
- Cyber Safety/Cyberbullying
- Managing Emotions
- Conflict Resolution
- Empathy and Compassion

- Communication Skills
- Healthy Friendships
- Peer Pressure

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• Self-Esteem

K-2 may only request the highlighted topics. Grades 3-5 can request any of the presentations.



Our health educators welcome suggestions for new topics. Let us know what interests you!

All workshops are conducted by certified and experienced health educators. Workshops are 45 minutes-1 hour, and can be in English or Spanish.

To schedule your workshop, contact Meghan Miller at 718-784-2240*117 or mmiller@thefloatinghospital.org

THE FLOATING HOSPITAL

MIDDLE & HIGH SCHOOL Workshops

Designed for middle & high school students (6-12 grade)



Health

- Puberty
- Sexually Transmitted Infections/STIs
- HIV/AIDS
- Sexual Health

Healthy Living & Wellness

- Drugs & Alcohol/Substance Abuse
- Mental Health 101
- Stress Management & Self-care
- Nutrition & Healthy Eating

Social-Emotional Learning & Life Skills

- Balanced Masculinity
- Body image
- Bullying/Cyberbullying
- Communications Skills
- Conflict Resolution
- Consent
- Decision Making
- Demystifying Porn
- Empathy & compassion
- Feminine Empowerment
- Financial Literacy

Fitness & Exercise

• Eating Disorders

Sleep

- Reproductive Anatomy Pregnancy & Reproduction
- Contraception

Our health educators welcome suggestions for new topics. Let us know what interests you!

- Gender
- Healthy Relationships
- Managing Emotions
- Media Literacy
- Peer Pressure
- Self-Esteem
- Sexuality
- Transitioning to College (12th grades only)
- Test Anxiety
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THE FLOATING HOSPITAL

ADULT Workshops

Designed for adults 18+



Health

- Autism
- Cancer
- Diabetes
- Respiratory illness: Flu, RSV, Tuberculosis & Covid-19
- Heart Disease
- Hepatitis
- Hypertension, Cholesterol & Stroke

Healthy Living & Wellness

- Drugs & Alcohol/Substance Abuse
- Mental Health 101
- Stress Management & Self-care

- Sexually Transmitted Infections/STIs
- HIV/AIDS
- Sexual Health
- Menopause
- Reproductive Anatomy
- Pregnancy & Reproduction
- Contraception

Our health educators welcome suggestions for new topics. Let us know what interests you!

- Nutrition & Exercise
- Eating Disorders
- Sleep

Social-Emotional Learning & Life Skills

- Adulting 101
- Balanced Masculinity
- Body Image
- Communications Skills
- Conflict Resolution
- Consent
- Decision Making
- Demystifying Porn
- Empathy & Compassion

- Feminine Empowerment
- Financial Literacy
- Gender
- Healthy Relationships
- Human Rights and advocacy
- Managing Emotions
- Media Literacy
- Self-Esteem
- Sexuality

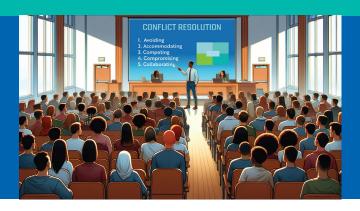
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TEACHER Workshops

Tailored for educators: these sessions provide ideas for student engagement and strategies for addressing critical topics in the classroom.



Social-Emotional Learning

• Empathy and Compassion

Conflict ResolutionManaging Emotions

- Bullying/Cyberbullying
- Communication Skills

Health & Wellness

- Stress Management & Self-care
- Mental Health 101

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PARENT Workshops

Designed for parents: these workshops focus on navigating parenting challenges and discussing important topics with children.

Social-Emotional Learning

- Bullying/Cyberbullying
- Social Media Monitoring & Cyber Safety

Health & Wellness

- Asthma
- Mental Health 101
- Stress Management & Self-care
- Drugs & Alcohol/Substance Abuse

Parenting

- Child Development
- New Parenting: Father Edition
- New Parenting: Mother Edition

Imunizations

Empathy & Compassion

- Autism
- SIDS
- Positive Parenting
- Positive Discipline & Boundary Setting





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